

2009 Oklahoma Senior State Games Weightlifting Results

Event ID	Event Name	Division Name	Last Name	First Name	State	Score	Place
	Situps	55-59 Female	Wilson	Barbara	OK	47	1
	Situps	65-69 Female	Richmond	Lou	OK	47	1
	Situps	70-74 Female	Moore	Rayora	OK	30	1
	Situps	55-59 Male	Childs	Merle	OK	50	1
	Situps	55-59 Male	Ingram	John	OK	47	2
	Situps	60-64 Male	Perry	Bill	OK	37	1
	Situps	75-79 Male	Womack	Vernon	OK	30	1
	Situps	80-84 Male	Bachlor	Charles	OK	22	1
	Situps	80-84 Male	Lewis	Charles	OK	19	2
Event ID	Event Name	Division Name	Last Name	First Name	State	Score	Place
	Pushups	65-69 Female	Richmond	Lou	OK	52	1
	Pushups	70-74 Female	Moore	Rayora	OK	41	1
	Pushups	55-59 Male	Childs	Merle	OK	47	1
	Pushups	60-64 Male	Lee	Bobby	OK	46	1
	Pushups	60-64 Male	Perry	Bill	OK	35	2
	Pushups	65-69 Male	Martinez	Al	OK	30	1
	Pushups	65-69 Male	Harrison	Raymond	OK	27	2
	Pushups	80-84 Male	Bachlor	Charles	OK	18	1
	Pushups	80-84 Male	Lewis	Charles	OK	12	2
Event ID	Event Name	Division Name	Last Name	First Name	State	Score	Place
	Bench Press	60-64 131-160 Female	Heisler	Elaine	KS	90	1
	Bench Press	65-69 0-130 Female	Richmond	Lou	OK	80	1
	Bench Press	70-74 131-160 Female	Moore	Rayora	OK	80	1
	Bench Press	55-59 166-195 Male	Childs	Merle	OK	230	1
	Bench Press	55-59 226+ Male	McInturff	Lowell	MO	210	1
	Bench Press	60-64 0-165 Male	Groom	Stanley	OK	135	1
	Bench Press	60-64 196-225 Male	Perry	Bill	OK	275	1
	Bench Press	65-69 166-195 Male	Heisler	Bob	KS	255	1
	Bench Press	65-69 166-195 Male	Harrison	Raymond	OK	145	2
	Bench Press	65-69 196-225 Male	Callis	Richard	OK	255	1
	Bench Press	65-69 196-225 Male	Martinez	Al	OK	140	2
	Bench Press	75-79 0-165 Male	West	L.T.	OK	130	1
	Bench Press	80-84 166-195 Male	Lewis	Charles	OK	155	1

2009 Oklahoma Senior State Games Weightlifting Results

Event ID	Event Name	Division Name	Last Name	First Name	State	Score	Place
	Leg Press	60-64 131-160 Female	Heisler	Elaine	KS	500	1
	Leg Press	70-74 131-160 Female	Moore	Rayora	OK	365	1
	Leg Press	55-59 166-195 Male	Childs	Merle	OK	600	1
	Leg Press	55-59 226+ Male	Echohawk	Rodney	OK	700	1
	Leg Press	55-59 226+ Male	McInturff	Lowell	MO	700	1
	Leg Press	60-64 0-165 Male	Groom	Stanley	OK	635	1
	Leg Press	60-64 196-225 Male	Perry	Bill	OK	635	1
	Leg Press	65-69 166-195 Male	Heisler	Bob	KS	800	1
	Leg Press	65-69 166-195 Male	Harrison	Raymond	OK	635	2
	Leg Press	65-69 196-225 Male	Callis	Richard	OK	700	1
	Leg Press	65-69 196-225 Male	Martinez	Al	OK	475	2
	Leg Press	75-79 0-165 Male	West	L.T.	OK	375	1
	Leg Press	80-84 166-195 Male	Lewis	Charles	OK	375	1
	Leg Press	80-84 196-225 Male	Bachlor	Charles	OK	450	1
Event ID	Event Name	Division Name	Last Name	First Name	State	Score	Place
	Arm Curls	60-64 131-160 Female	Heisler	Elaine	KS	65	1
	Arm Curls	65-69 0-130 Female	Richmond	Lou	OK	40	1
	Arm Curls	70-74 131-160 Female	Moore	Rayora	OK	50	1
	Arm Curls	55-59 0-165 Male	Ingram	John	OK	80	1
	Arm Curls	55-59 166-195 Male	Childs	Merle	OK	120	1
	Arm Curls	60-64 0-165 Male	Groom	Stanley	OK	100	1
	Arm Curls	60-64 196-225 Male	Perry	Bill	OK	145	1
	Arm Curls	65-69 166-195 Male	Heisler	Bob	KS	140	1
	Arm Curls	65-69 166-195 Male	Harrison	Raymond	OK	90	2
	Arm Curls	65-69 196-225 Male	Callis	Richard	OK	100	1
	Arm Curls	65-69 196-225 Male	Martinez	Al	OK	75	2
	Arm Curls	75-79 0-165 Male	West	L.T.	OK	70	1
	Arm Curls	75-79 196-225 Male	Womack	Vernon	OK	65	1
	Arm Curls	80-84 166-195 Male	Lewis	Charles	OK	80	1